

# **SESHADRIPURAM FIRST GRADE COLLEGE**

Permanently Affiliated to Bengaluru Central University, Recognised by Government of Karnataka  
& Recognised under Section 2f & 12B of the UGC Act, 1956, NAAC Accredited 'A' Grade

Yelahanka New Town, Bengaluru - 560064

**NORTH BANGALORE SCIENCE FORUM**

**&**

**DEPARTMENT OF PHYSICAL EDUCATION & SPORTS**

**In Association with**

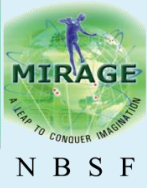
**PHYSICAL EDUCATION FOUNDATION OF INDIA**

**BENGALURU CITY UNIVERSITY, BENGALURU**

**KARNATAKA SCIENCE AND TECHNOLOGY ACADEMY**

Dept. of Science and Technology, Govt. of Karnataka, Bengaluru, Karnataka

**presents**



N B S F

## **8 DAYS VIRTUAL INTERNATIONAL CONFERENCE**

**"YOGA, HEALTH, FITNESS and SPORTS DURING - COVID - 19"**

( 21<sup>st</sup> June 2021 to 28<sup>th</sup> June 2021 )



**Inauguration Program**

**Date : 21<sup>st</sup> June 2021**

**Time : 10.00 AM**

## JOINT - ORGANIZERS



Recognised as NSPO by Ministry of Youth Affairs & Sports, Govt. of India



Mysore Vivekananda Yoga Education and Research Institution (R), Mysore

## OUR COLLABORATORS



National University of Ukraine on Physical Education and Sport, Ukraine



Universitas Airlangga - Excellence with Morality Surabaya, East Java, Indonesia



Ministry of Youth and Sports of the Republic of Indonesia



College of Business Administration, Dhaka, Bangladesh



IUBAT—International University of Business Agriculture and Technology, Dhaka, Bangladesh



Universiti Sains Malaysia



University of Sharjah Sharjah, United Arab Emirates

## About Seshadripuram Educational Trust (SET) :

Seshadripuram Educational Trust has been in the forefront of education for the best part of the twentieth century, over the past nine decades. The Seshadripuram Group of Institutions was founded originally in 1930 by two lady educational enthusiasts of Seshadripuram, viz. Smt. Anandamma and Smt. Seethamma who started a primary school with about 20 children in a two Mangalore tiled rooms in the present main Campus of Seshadripuram. The institution has grown from strength to strength and today the total student strength is about 25,000. Seshadripuram Educational Trust institutions - now numbering 34 - spread across four districts (Bengaluru, Mysuru, Tumakuru & Mandya) have been growing from strength to strength having students from kinder garden to postgraduate courses. Since the time of its inception and through the process of its evolution, the soul essence of **Seshadripuram Educational Trust has been - To Educate, To Empower & To Enrich!** It has followed the legacy to impart Academic Knowledge and inculcate value Education to its students. It has stood tall as a premier Education set up and over the decades has been growing from strength to strength with a dynamic outlook. Located in the Heart of Garden City, Bengaluru, Seshadripuram Educational Trust popularly known as SET runs **34 Educational Institutions** ranging from Kindergarten to Ph.D Courses comprising of **9 Schools, 8 Pre-University Colleges, 8 Degree Colleges, 3 Post Graduate Colleges, 1 Global Academy, 1 Law College and 2 Research Centres.**

## About Seshadripuram First Grade College ( SFGC ):

S.F.G.C was established in 1992. The college has grown phenomenally during the past two decades and now we offer undergraduate courses in Commerce, Management, Physical Science, Life Science and Computer Science; and the Postgraduate course in Management (MBA) and Commerce (M.Com.). The primary objective of education at S.F.G.C is to create dynamic leaders in the corporate sector, entrepreneurs, academicians, researchers and professionals who contribute to the development of society and nation at large. We are committed to maintaining high academic standards and preparing our students to secure rewarding employment on graduation. At the same time we believe that at S.F.G.C students should develop as individuals, gaining in self-confidence and developing a sense of enterprise.

## About 8 Days Virtual International Conference:

**Theme - "YOGA, HEALTH, FITNESS and SPORTS DURING – COVID - 19 "**  
**( 21<sup>st</sup> June 2021 to 28<sup>th</sup> June 2021 )**

Health and Sports have traditionally served as a global unifier. Race, religion, politics, socioeconomic status and gender are all thrown out the window when supporters band together to celebrate (or commiserate) the result of a competition.

As Nelson Mandela once said: "Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does."

With the world in the midst of the coronavirus pandemic and people feeling more isolated now more than ever with borders closed and stay-at-home mandates in place, sports its athletes, personalities, executives, coaches, leagues, teams and fans can again prove that the cohesive power of more is greater than any single individual.

## CHIEF GUESTS



**Prof. Olha Borysova**  
Chairman,  
National University of Ukraine on  
Physical Education and Sport, Ukraine



**Prof. Lingaraja Gandhi**  
Vice-Chancellor  
Bengaluru City University, Bengaluru



**Mr. Valerii Oleksandrovykh Andriitsev**  
**2012 London Summer Olympics**  
Silver Medalist  
Ukraine

## OUR PATRONS



**Shri N. R. Panditharadhy**  
President,  
Seshadripuram Educational Trust  
INDUSTRIALIST, EDUCATIONIST and  
SOCIAL ACTIVIST



**Shri T. S. Henjarappa**  
Vice-President



**Shri W. H. Anil Kumar**  
Vice-President



**Shri B. M. Parthasarathy**  
Treasurer



**Nadoja Dr. Wooday P. Krishna**  
Honorary General Secretary,  
Seshadripuram Educational Trust  
Fellow, World Academy of Productivity Science  
TECHNOCRAT, EDUCATIONIST & SOCIAL ACTIVIST



**Shri S. Sheshanarayana**  
Hon. Joint Secretary



**Shri M. S. Nataraj**  
Hon. Asst. Secretary

## OUR ADVISORS



**Dr. S. Ayyappan**  
*Former Secretary, Department of  
Agricultural Research & Education and  
Former Director General, Indian Council  
of Agricultural Research (ICAR),  
Government of India, Ministry of  
Agriculture & Farmers' Welfare*



**Dr. Y. S. Lakshmeesha**  
National Coach (Track & Field Athletics), Retd. Chief  
Coach, Sports Authority of India



# OLYMPIANS – OUR GUESTS OF HONOR



*"Faster Higher Stronger"*



**Mr. Valerii Oleksandrovykh Andriitsev**  
2012 - London Summer Olympics , Silver Medalist,  
Ukraine



**Christina Smith, Canada**



**Padmashri Shri K.Y. Venkatesh,**  
Para Olympian, India



**Bryan Nickson Lomas, Malaysia**



**Dr. Mon Redee Sut Txi,**  
Malaysia



**Luluk Hadiyanto, Indonesia**



**Gabriel Lama, Chile**



**Foujia Huda, Bangladesh**



**Debra Lee Covey-Barnett,**  
Canada



**Shri Surjeet Singh, India**

## EVENT DETAILS

DAY – 1

21<sup>st</sup> June 2021

Monday

### All Timings as per Indian Standard Time ( IST )


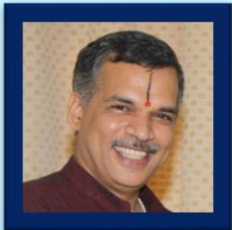
21 <sup>st</sup> June 2021 10:00 AM – 11.30 AM	<b>Inauguration Ceremony</b> Lamp Lighting & Opening Remarks by Chief Guests, Guest of Honour, Office Bearers of SET, Trustees of SET, Management, Board, Stake Holders & Associates of Seshadripuram First Grade College, Bengaluru, India
<b>TIME (IST)</b>	<b>Inauguration Schedule</b>
10:00 AM – 10.02 AM	Invocation Song and Lighting of Lamp
10:02 AM – 10.07 AM	Program Preview – <b>Prof. Santanu Das</b> , Secretary, North Bangalore Science Forum, HOD, Biotechnology, SFGC
10:07 AM – 10.20 AM	Welcome Speech – <b>Dr. S. N. Venkatesh</b> , Principal, SFGC
10:20 AM – 10.40 AM	<b>Inaugural Address</b> – <b>Prof. Lingaraja Gandhi</b> , Vice-Chancellor, Bengaluru City University, Bengaluru
10:40 AM – 11.00 AM	<b>Inaugural Speech</b> – <b>Chief Guest Prof. Olha Borysova</b> , Chairman, National University of Ukraine on Physical Education and Sport, Ukraine
11:00 AM – 11.20 AM	<b>Presidential Address</b> – <b>Nadoja Dr. Wooday P. Krishna</b> , Hon. General Secretary, Seshadripuram Educational Trust
11:20 AM – 11.30 AM	Vote of Thanks – <b>Prof. Sudhir V. B.</b> , Director, Dept. of Physical Education & Sports, SFGC

## TEA BREAK

### GUEST OF HONOUR

21 <sup>st</sup> June 2021 11:40 AM – 11.55 AM	 	<b>Mr. Valerii Oleksandrovykh Andriitsev</b> 2012 - London Summer Olympics , Silver Medalist, Ukraine Honored Master of Sports of Ukraine in freestyle wrestling; Bronze medalist of the first European Games (2015 - Baku, Azerbaijan) Bronze medalist of the world championship (2014 - Tashkent, Uzbekistan), Silver medalist of the European Championship (2012 - Belgrade, Serbia) & 5 <sup>th</sup> Place Olympic Games in Rio de Janeiro 2016
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### Theme – 1 – Yoga and Meditation

21 <sup>st</sup> June 2021 11:55 AM – 01.30 PM	 	<b>Yoga Guru Dr. Karkala Raghavendra Ranganath Pai</b> Director of SKRSP Memorial Sri Vedavyasa Yoga Foundation Swami Vivekananda leadership Award was conferred to him by Chicago University and ISOL Foundation on the occasion of the 125 <sup>th</sup> anniversary of Swami Vivekananda's Chicago Lecture in September 2018  <i>Topic – Yoga, Yogic Health, Yogic Personality, Mindfulness, Yogic life</i>  Mysuru, India
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## LUNCH BREAK

**DAY – 1****21<sup>st</sup> June 2021****Monday****All Timings as per Indian Standard Time ( IST )****Theme – 1 – Yoga and Meditation**21<sup>st</sup> June 2021

02:00 PM – 03.30 PM

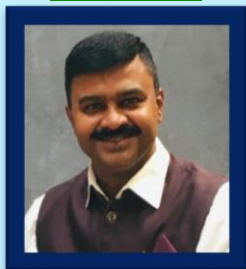


**Ms. Kushi. H** An International Yoga Exponent,  
Recipient of Kannada Rajyothsava Award  
World Record for most number of "Back Plank Recline  
Cruncher" under the guidance of  
Dr. P. N. Ganesh Kumar  
Hon. President, Mysore Vivekananda Yoga Education  
and Research Institution (R), Mysore

*Topic – Solo Artistic Yoga Dance, Group Yoga and  
Synchronised Troupe Performance*  
Mysuru, India

**DAY – 2****22<sup>nd</sup> June 2021****Tuesday****Theme – 2 – Sports Medicine**22<sup>nd</sup> June 2021

10:00 AM – 11.00 AM

**Dr. Kiran Kulkarni**

Consultant Sports & Exercise Medicine Specialist, FIFA /  
AFC Medical & Doping Control Officer

*Topic – Sports Injuries - Prevention and Management*  
Dharwad, India

22<sup>nd</sup> June 2021

11:00 AM – 12.00 PM

**Professor Dr. Oleksandr Krasilshchikov**

School of Health Sciences, Universiti Sains Malaysia  
Vice-President (Asia), International Physical Activity  
Projects (IPAP)  
Director, Exercise & Sports Science International  
Consultancy (ESSICON)

*Topic – Optimizing Injury Management: Interdisciplinary  
Approach in Action*

Malaysia

22<sup>nd</sup> June 2021

12:00 PM – 01.00 PM

**Dr. Khyati Vakharia**

International Pole Vaulter, MD (Sports Medicine)  
Sports Injury Centre, VMMC & Safdarjung Hospital, New  
Delhi

*Topic – Overtraining in Young Athletes*

New Delhi, India

DAY – 3

23<sup>rd</sup> June 2021

Wednesday

## All Timings as per Indian Standard Time ( IST )

## Theme – 3 – Nutrition and Health

23 <sup>rd</sup> June 2021 10:00 AM – 11.00 AM	 	<b>Padma Shri Prof. Vishweshwaraiah Prakash</b>  Former Director Central Food Technological Research Institute (CFTRI) and President, The International Union of Food Science and Technology (IUFOST)  <i>Topic – Symbiosis of Science of Food and Tradition of Yoga</i>  Mysuru, India
23 <sup>rd</sup> June 2021 11:00 AM – 12.00 PM	 	<b>Shri W. D. Ashok</b>  Trustee, Seshadripuram Educational Trust IQAC Management Representative, SFGC  <i>Topic – Total Parenteral Nutrition</i>  Bengaluru, India
23 <sup>rd</sup> June 2021 12:00 PM – 01.00 PM	 	<b>Prof. Dr. Wan Rosli Wan Ishak</b>  Nutrition and Dietetics Program School of Health Sciences, Universiti Sains Malaysia  <i>Topic – Enhancing the Postprandial Glycemic Response of Healthy and Sports Individuals</i>  Malaysia

DAY – 4

24<sup>th</sup> June 2021

Thursday

## Theme – 4 – Sports Psychology and Stress Management - COVID - 19

24 <sup>th</sup> June 2021 10:00 AM – 10.40 AM	 	<b>Professor Dr Hairul Anuar Hashim</b>  Deputy Dean Research, Innovation, Industry-Community Engagement School of Health Sciences, Universiti Sains Malaysia  <i>Topic – Exercise Habit and Emotional Distress Regulation among Adolescents</i>  Malaysia
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DAY – 4

24<sup>th</sup> June 2021

Thursday

All Timings as per Indian Standard Time ( IST )

## Theme – 4 – Sports Psychology and Stress Management - COVID - 19

24 <sup>th</sup> June 2021 10:40 AM – 11.20 AM	 	<b>Prof. Suryanto</b> Dean of Faculty Psychology Department of Psychology, Faculty of Psychology Universitas Airlangga - Excellence with Morality, Surabaya, East Java, Indonesia  <i>Topic – Social Psychology of Conflict in Work Place and Sports</i>  Indonesia
24 <sup>th</sup> June 2021 11:20 AM – 12.00 PM	 	<b>Dr. Adam Abdul Malik</b> Exercise & Sports Science Programme, School of Health Sciences, Universiti Sains Malaysia  <i>Topic – Perceptual responses to High-intensity interval exercise: Does feelings matter?</i>  Malaysia
24 <sup>th</sup> June 2021 12:00 PM – 12.40 PM	 	<b>Prof. Dr. Sundar Raj URS</b> Former Register (Evaluation), Bangalore North University Retired Principal U C P E Dean, Faculty of Education, Bangalore University  <i>Topic – Yogic practices for wellness</i>  Bengaluru, India

DAY – 5

25<sup>th</sup> June 2021

Friday

## Theme – 5 – Para Sports

25 <sup>th</sup> June 2021 10:00 AM – 10.30 AM	 	<b>Padmashri Shri K.Y. Venkatesh,</b> Para Olympian, India  Limca People of the Year Award – 2016 Kannada Rajostava Award – 2004  <i>Topic – Promotion of Sports for the Physically Challenged at State, National &amp; International levels</i>  Bengaluru, India
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## All Timings as per Indian Standard Time ( IST )

## Theme – 5 – Para Sports

<p>25<sup>th</sup> June 2021</p> <p>10:30 AM – 11.00 AM</p>	 	<p><b>Dr. Miftakhul Jannah</b></p> <p>Sport Psychology Universitas Negeri Surabaya President, Indonesian Sports Mental Coach Association, Surabaya, East Java, Indonesia</p> <p><i>Topic – Sports Psychology</i></p> <p>Indonesia</p>
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## Theme – 5 – Sports Education

<p>25<sup>th</sup> June 2021</p> <p>11:00 AM – 11.30 AM</p>	 	<p><b>Prof. Maslova Olena</b></p> <p>Department of Sports Medicine Deputy Head, Academic Affairs National University of Ukraine on Physical Education and Sport, Ukraine</p> <p><i>Topic – Physical Education in School-Children Taking into Account the Endoecological Factors</i></p> <p>Ukraine</p>
<p>25<sup>th</sup> June 2021</p> <p>11:30 AM – 12.15 PM</p>	 	<p><b>Prof. Dr. Soumendra Saha</b></p> <p>CAAS, international University Of Business Agriculture and Technology ( IUABT ), Dhaka, Bangladesh</p> <p><i>Topic – Positive Mental Health and Healthy Lifestyle as Function of Sustainability amid COVID19 Pandemic</i></p> <p>Dhaka, Bangladesh</p>
<p>25<sup>th</sup> June 2021</p> <p>12:15 PM – 01.00 PM</p>	 	<p><b>Shri Surjeet Singh</b></p> <p>Para Olympian, Coach – ( T &amp; F ) Athletics, Sports Authority of India</p> <p><i>Topic – Para sports and development</i></p> <p>Bengaluru, India</p>

## All Timings as per Indian Standard Time ( IST )

## Theme – 6 – Opportunities &amp; Challenges of Elite Sports Personalities

<p>26<sup>th</sup> June 2021</p> <p>10:00 AM – 10.30 AM</p>	 	<p><b>Dr. Muhammad Arshad Subu</b> Assistant Professor Psychiatric/ Mental Health Nursing – Nursing Program College of Health Sciences, University of Sharjah, United Arab Emirates (UAE)</p> <p><i>Topic – Sports and Physical Activity during (COVID-19) Pandemic</i></p> <p>Sharjah, United Arab Emirates (UAE)</p>
<p>26<sup>th</sup> June 2021</p> <p>10:30 AM – 11.00 AM</p>	 	<p><b>Mr. Suyadi Pawiro</b> Director of Sporting Awards 2020 Head of Division of Organization Ministry of Sports and Youth of Indonesia</p> <p><i>Topic – Opportunities and Challenges of Sports in Indonesia</i></p> <p>Indonesia</p>
<p>26<sup>th</sup> June 2021</p> <p>11:00 AM – 11.30 AM</p>	 	<p><b>Prof. Imam Waluyo</b></p> <p><b>Health Consultant And Research Reviewer For Traditional Medicine / Complementary Alternative Medicine Ministry of Health, Indonesia</b> Resource Person on Cognitive Stimulation of Health Intelligence Centre of Ministry of Health (2008-present), Resource Person and Abstracts Reviewer of World Confederation for Physical Therapy (W.C.P.T).</p> <p><i>Topic – Physiotherapy on Olympics preparation the concept idea and practice in the Indonesia</i></p> <p>Indonesia</p>
<p>26<sup>th</sup> June 2021</p> <p>11:30 AM – 12.00 PM</p>	 	<p><b>Prof. Dr. James Tangkudung</b></p> <p><b>Faculty of Sports Science</b> <b>State University of Jakarta</b></p> <p><i>Topic – Sports Education and its Scope in Indonesia</i></p> <p>Indonesia</p>

**All Timings as per Indian Standard Time ( IST )****Theme – 7 – Opportunities & Challenges of Elite Sports Personalities**

27 <sup>th</sup> June 2021 10:00 AM – 10.45 AM	 	<b>Shri Manjunatha M R</b> Advisor to General Thimayya National Academy of Adventure, Department of Youth Empowerment & Sports, Government of Karnataka <i>Topic – Adventure Aquasports</i>  Bengaluru, India
27 <sup>th</sup> June 2021 10:45 AM – 11.30 AM	 	<b>Reena Kaushal Dharmshaktu</b> OSD , Government of Uttarakhand, Sports Department First Indian Woman to Ski 900 Kms from the coast of Antarctica to South Pole in 2009/10 Tenzing Norgay National Adventure Award in 2011 for her outstanding achievements in the field of Mountaineering  <i>Topic – Adventure Sports Mountaineering</i>  Uttarakhand, India
27 <sup>th</sup> June 2021 11:30 AM – 12.15 PM	 	<b>Shri Vinay Sirsi</b> Instructor, Program Supervisor – Aero Sports Vinay is from Bangalore and grew up climbing & hiking in Southern India. Vinay served with the Indian Air Force as a combat pilot for a short stint before his love for the great outdoors took over. <i>Topic – Youth development through adventure based experiential learning</i>  Bengaluru, India
27 <sup>th</sup> June 2021 12:15 AM – 01.00 PM	 	<b>Shri Keerthi Pais</b> Vice President international Federation of Climbing Asia Co Chairman - Sport Climbing Indian Mountaineering Foundation Advisor General Thimayya National Academy of Adventure  <i>Topic – Mountaineering</i>  Bengaluru, India



## All Timings as per Indian Standard Time ( IST )

## Theme – 8 – Life Journey of Olympians

<p>28<sup>th</sup> June 2021</p> <p>09:30 AM – 10.30 AM</p>	 	<p>Gabriel Eduardo Lama Valenzuela, Santiago is a Chilean Judoka, who competed in the men's middleweight category. He picked up a total of twelve medals in his career, including a bronze from the 2002 South American Games in Rio de Janeiro, Brazil, and represented his nation Chile in the 90-kg class in two editions of the Olympic Games (2000 and 2004)</p>
<p>28<sup>th</sup> June 2021</p> <p>10:30 AM – 11.30 AM</p>	 	<p>Christina Smith - Olympian, Author, Speaker, Former TV and Radio Broadcaster.</p> <p>Christina is one of the world's pioneers in women's bobsleigh and Canada's premier bobsleigh driver to compete at the inaugural Olympic Winter Games in 2002 in Salt Lake City, Utah, USA</p>
<p>28<sup>th</sup> June 2021</p> <p>11:30 AM – 12.30 PM</p>	 	<p>Debra Lee Covey-Barnett , Saskatchewan is a former field hockey midfielder from Canada, who was a member of the Women's Senior National Team from 1985 to 1994. She earned a total number of 109 international caps for her native country. She was a member of the Canadian team at the 1992 Summer Olympics in Barcelona, Spain</p>
LUNCH BREAK		
<p>28<sup>th</sup> June 2021</p> <p>1:30 PM – 2.00 PM</p>	 	<p>Luluk Hadiyanto is a badminton player from Indonesia, specialized in men's doubles and Former World No 1 with doubles partner Alvent Yulianto and 2004 Olympics with Alvent Yulianto.</p>
<p>28<sup>th</sup> June 2021</p> <p>2:00 PM – 2.30 PM</p>	 	<p>Foujia Huda is an athlete who competes internationally for Bangladesh. Her last result is the 8th place for the women's 100 m - heat 5 in the Olympic Games 2000. She competes in 100 m.</p>

## All Timings as per Indian Standard Time ( IST )

## Theme – 8 – Life Journey of Olympians

<p>28<sup>th</sup> June 2021</p> <p>2:30 PM – 3.00 PM</p>	 	<p>Mon Redee Sut Txi is an athlete from Malaysia. A Malaysian of Thai heritage from Pengkalan Hulu in Grik, Perak. She competes in archery. Sut Txi represented Malaysia at the 2004 Summer Olympics. She placed 32nd in the women's individual ranking round with a 72-arrow score of 626.</p>
<p>28<sup>th</sup> June 2021</p> <p>3:00 PM – 3.30 PM</p>	 	<p>Bryan Nickson Lomas is a former Malaysian diver. Lomas was the youngest Malaysian athlete to qualify for 2004 Summer Olympics when he was 14. He became the country's first world junior diving champion after winning gold at the 3 m springboard event in the World Junior Championships held at Belem, Brazil in 2004.</p>
<p>28<sup>th</sup> June 2021</p> <p>3:30 PM – 4.15 PM</p>	 	<p><b>Dr. Y. S. Lakshmeesha</b></p> <p>National Coach (Track &amp; Field Athletics), Retd. Chief Coach, Sports Authority of India</p> <p><i>Topic – Opportunity and Career in Indian Sports</i></p> <p>Mysuru, India</p>



28<sup>th</sup> June 2021

05:00 PM

**Valedictory Session**

*Honouring all the Keynote Speakers & Closing Remarks by*  
 Chief Guests, Guest of Honour, Office Bearers of SET,  
 Trustees of SET, Management, Board, Stake Holders &  
 Associates of  
 Seshadripuram First Grade College, Bengaluru, India

**REGISTRATION DETAILS**

1. Registration is Mandatory . Visit – [www.sfgc.ac.in](http://www.sfgc.ac.in)
2. Join – [https://t.me/joinchat/xz\\_DG60D0scxZjZI](https://t.me/joinchat/xz_DG60D0scxZjZI) to receive event details
3. Registration Form – <https://forms.gle/GEbq1ytYz3kE4FLW9>
4. Further Details Mail – [icohas@sfgc.ac.in](mailto:icohas@sfgc.ac.in) / [sfgcbengaluru@gmail.com](mailto:sfgcbengaluru@gmail.com)

**Attendance For Every Session And Feedback Compulsory For E - Certificate**

**ORGANIZING COMMITTEE MEMBERS****Dr. Munish Jindal**

Founding President, MENTORx,  
 Founder & CEO, HoverRobotix

**Dr. A. M. Ramesh**

Chief Executive Officer, KSTA

**Dr. Nancy Juneja**

Founder of RevUp  
 Co-Founder of MENTORx

**Mr. Umesh Ghatage**

Scientific Officer, KSTA

**Mr. Prem Kumar**

National Convenor, SFD

**Asst. Prof. Manjunath S. S.**

Convenor,  
 Life Science Forum, SFGC

**Prof. Salma Banu**

Joint Secretary,  
 North Bangalore Science Forum  
 HOD, Genetics, SFGC

**Asst. Prof. Aparna V Bandekar**

Asst. Director,  
 Dept. of Physical Education  
 & Sports, SFGC

**AN INTERNAL QUALITY ASSURANCE CELL (IQAC), SFGC INITIATIVE**

*All are cordially invited*

**Prof. Sudhir V. B.**

Director, Dept. of Physical Education  
 & Sports, SFGC

**Shri R.Srikanth**

Nodal Officer  
 Department of Collegiate Education &  
 State Co-ordinator PEFI Karnataka

**Dr. S. N. Venkatesh**

Principal,  
 Seshadripuram First Grade College

**Prof. Santanu Das**

Secretary,  
 North Bangalore Science Forum  
 HOD, Biotechnology, SFGC

**ZOOM MEETING LINK & YOUTUBE LINK**

Only for Registered Delegates  
 First 900 Participants



Seshadripuram First Grade College, Yelahanka

<https://www.youtube.com/channel/UCixMJ7zJEyv-bBdgYK6hLhw>